

The safety of our patients, accompanying guests and staff is a priority

Our clinic has put in place important procedures for us all to remain healthy and well

LOW RATES OF INFECTION: Masks and social distancing. These safety measures are reviewed regularly and upgraded if there are changes in the rates of Covid-19 cases:



-  Patients and accompanying persons must **wear a mask at all times**. Your doctor may ask you to remove your mask for an examination, but please put it back on before returning to the general area.
-  Our clinic may contact you prior to the appointment to ask questions regarding your health status, and that of your accompanying person. If you feel unwell, or if you have been in contact with someone who has been diagnosed Covid-19 positive in the last two weeks, the appointment may be rescheduled.
-  **The number of people allowed in the waiting room** may be limited at certain times of the day to allow for social distancing. For this reason, you and/or your accompanying person may be asked to wait outside.
-  Appointments and clinical examinations will be **as brief as possible** and **regular tests to check your vision may be omitted at this time**. If this is a concern to you please discuss it with your doctor.
 - **Important:** If you have noticed **any changes in your vision since your last appointment please notify your doctor at the beginning of the appointment.**
-  **Clinic staff are screened as needed**, and tested for risk of Covid-19 infection and all necessary public health actions, including immediate quarantine, will be followed.

Our safety measures are assessed on a regular basis and if the rate of Covid-19 cases increases in the community additional measures will be put in place immediately based on the following scenarios.

MODERATE INCREASE IN INFECTION RATES: As above, and minimum number of patients in clinic waiting room. The following additional measures will also be put in place:



-  To minimize the time required in the clinic **regular OCT eye examinations** (the machine which looks into the back of the eye) may be postponed, and you will proceed directly to treatment.
 - This is based on best practice and should not cause you any worry. However, if you have noticed **any change in your vision** since the last visit please let your doctor know at the start of the appointment.
-  If you have been on a dosing schedule that extends time intervals (weeks) between injections **your doctor may change this to a set schedule** (fixed intervals) of injections to avoid additional monitoring required before your next injection.
-  Some appointments that are **not essential/urgent may be postponed**. If your appointment is rescheduled, please notify the clinic immediately if there is any change in your vision. This is important to ensure your vision is maintained even if you are not able to come into the clinic.

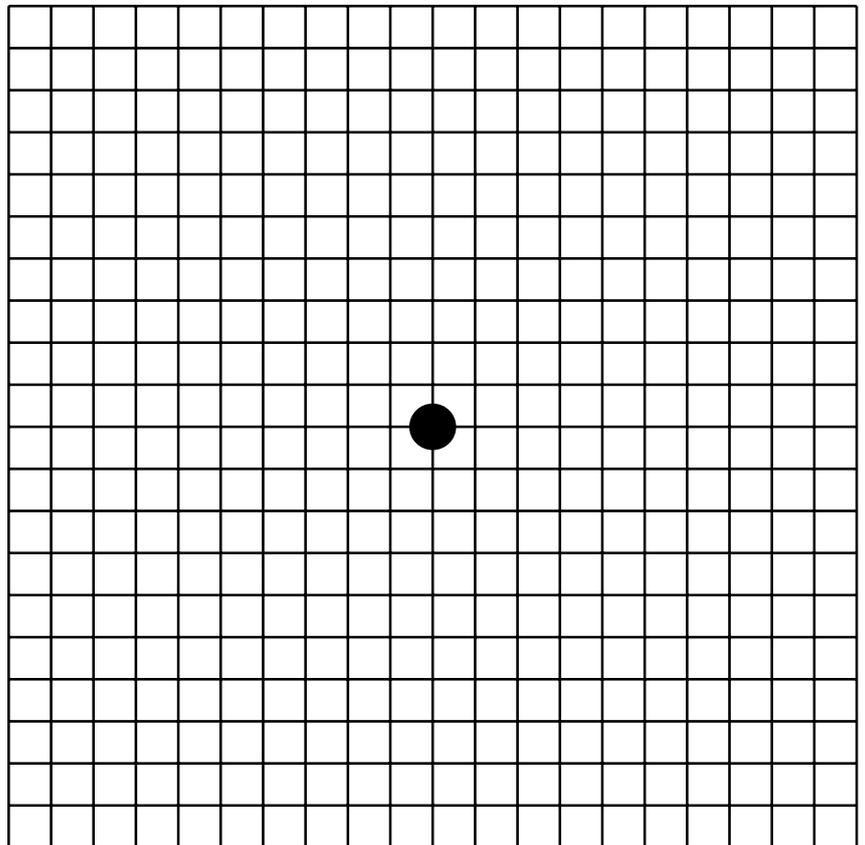


HIGH RATES OF INFECTION: The most restrictive public health measures. The following additional measures will also be put in place:

-  The clinic may schedule a **telephone or video call with you**, which will allow your doctor to **assess if you need to come to clinic or if the appointment can be postponed**.
-  Only patients **requiring essential regular treatment to preserve sight** (such as wet AMD and DME) will be prioritized at this time. If your appointment is cancelled the clinic will reschedule it as soon as possible.
-  **Non-urgent appointments will be rescheduled** but the clinic will remain open for emergencies or if there are changes to your vision between visits that require care.

How to use an Amsler Grid:¹

- ▶ Ensure you are wearing your regular prescription eye glasses
- ▶ Hold the grid at an arm's length distance allowing you to see the full box
- ▶ It is important that you cover or close one eye so that you are testing only one eye at a time
- ▶ An eye without wet AMD will usually see all the lines as straight. In contrast, an eye with wet AMD will often see some of the lines as curved or even blocked out by a gray, white or black region.
- ▶ The first time you use the Amsler grid have a pen or pencil ready to circle the exact areas that are curved, blurry or greyed out
- ▶ Check your vision on a regular basis (at least three times a week) to check if any changes to your first test have occurred



Important: If you do notice any changes please contact us immediately to determine if an urgent appointment and treatment is required

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